

# Coming Clean: Snap Out of the Big Bank and Big Tech Trance with Carolyn Betts

A Short Preview:



*"Not to assume it's impossible because you find it hard. But to recognize that if it's humanly possible, you can do it too."*

~ Marcus Aurelius, *Meditations*

By Catherine Austin Fitts

For many years, I have told my [Red Button Story](#) to emphasize the fact that each of us can make a difference by taking steps to come clean and stop financing our enemy. As I wrote 20 years ago in the Solari team's timeless post titled "[Coming Clean: Building a Wonderful World](#)," "we have the power to shift energy away from those who misuse power and move it to ourselves and to those who are worthy stewards of our planet's wealth and our children's future."

To this day, however, I find that too many members of the Solari network continue to bank at New York Fed member banks like JPMorgan Chase and Citibank, or communicate electronically with a "free" gmail address, seemingly unconcerned or unaware that they are sharing their most intimate data with the entities building a financial transaction control grid and implementing censorship. When we choose to help increase those entities' revenues and market share instead of building independent businesses and capacity, we signal hopelessness and an unwillingness to tackle real problems and real solutions.

In this week's interview, Solari general counsel Carolyn Betts and I discuss what we are nicknaming "the trance" and discuss the many ways that you can work toward snapping out of it. The first step, as always, is to understand the tools that Mr. Global uses to build the trance—including mind control and the media and devices that deliver it—so that you can fine-tune your risk management.

We review risks and trance-breaking strategies in a wide range of areas, including banking, securities, payment systems, currency, IT systems, smartphones and "smart" appliances, online retail, medicine, food (and other vehicles for the "Great Poisoning"), as well as what we have dubbed "foreign bogeymen."

By recognizing the ways in which you may be supporting the control grid, you can "turtle forth," gradually shifting your attention, actions, and transactions in ways that support decentralization and financial transaction freedom.

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